

BENEFITS CONTACT LIST

Company	Name	Email	Phone
PREMERA BLUE CROSS	Katrina Boag	katrina.boag@premera.com	425-918-4518 1-866-358-2294 425-918-5543 fax
PERS	Michele Michaud	michele.michaud@alaska.gov	907-465-1441 1-800-821-2251
SBS	Tim Wagner	tim.wagner@alaska.gov	1-800-821-2251
GREAT WEST DEFERRED COMPENSATION	David Seymour	david.seymour@gwrs.com	1-800-462-9277 425-646-6555 x 3213 425-646-6566 fax
ICMA DEFERRED COMPENSATION	Lisa Lauderback	l lauderback@icmarc.org	1-800-291-9115 253-277-1776 253-277-1777 fax
LIFEWISE (formerly States West)	Sandra Nishimoto	sandra.nishimoto@premera.com	1-800-258-0394 425-918-4485 fax
AFLAC	Maria Thomas-Sowa	maria_sowa@us.aflac.com	907-229-3954 907-561-2890 fax
CITY & BOROUGH OF SITKA	Mark Danielson	markd@cityofsitka.com	907-747-1816
SUPPLEMENTAL INSURANCE	Karl Stedman	karl@stedmanins.com	907-747-8618

Updated: July 29, 2008.