
Health Needs and Human Services Commission Minutes

Wednesday, March 18, 2026 12:00 p.m.

Harrigan Centennial Hall

Commission Members:

**Amy Wilson, Michelle Kavouras, Crystal Duncan,
Lawrence “Woody” Widmark, Sophia Schwantes, Amanda Roberts
JJ Carlson (Assembly Liaison)**

I. CALL TO ORDER

Chair Wilson called the meeting to order at 12:00 p.m.

II. ROLL CALL

Commissioners Present: Michelle Kavouras, Amy Wilson, Crystal Duncan, Amanda Roberts

Commissioners Absent: Sophia Schwantes (excused), Woody Widmark (excused)

III. CORRESPONDENCE /AGENDA CHANGES

None.

IV. PERSONS TO BE HEARD (*Public participation on any item off the agenda. All public testimony is not to exceed 3 minutes for any individual, not to exceed 3 minutes*)

None.

V. APPROVAL OF MINUTES

A. February 18, 2026

Kavouras moved to approve the minutes of February 18, 2026. Motion passed 4-0.

VI. REPORTS

Chair – None.

Commissioners – None.

City Staff – None.

Assembly Liaison – None.

Other(s) – None.

VII. UNFINISHED BUSINESS

B. Updates from working groups

Kavouras reported on the “Mental Health and Suicide Prevention/Postvention” working group and noted upcoming events. The “Health and Racial Equity” working group did not have an update.

VIII. NEW BUSINESS

C. Discussion on Tobacco and Smoke Free Parks

SEARHC Health Educator Amanda Roberts gave a presentation about Tobacco and Smoke Free Parks in Sitka. Members asked questions and spoke in support of the project.

D. Review Working Group Goals

Members discussed the 2026 working group goals and explored how to define targeted objectives within their focus areas to achieve clear, measurable outcomes. Deadlines for report completion and assembly presentation were clarified.

IX. PERSONS TO BE HEARD *(For items on or off the agenda, not to exceed 3 minutes)*

None.

X. ADJOURNMENT

Duncan moved to adjourn the meeting. Hearing no objections, the meeting adjourned at 1:06 p.m.

Attest:
Holley Bayne
Deputy Municipal Clerk